

April 2016



SUBARU 4WD NEWS

Meetings of
THE SUBARU 4WD CLUB of WESTERN AUSTRALIA INC.
are **normally** held at
7.30pm on the second Tuesday of each month at the
Rotary Hall, 55 Sandgate St., South Perth

Subaru 4WD Web Site: <http://www.subaru4wdclubwa.asn.au>
SUBARU 4WD CLUB of WESTERN AUSTRALIA INC
P.O. BOX 434, SOUTH PERTH, W.A. 6951

SUBARU 4WD CLUB NEWS

2016 COMMITTEE

PRESIDENT:	Tony Richards	9386 7705 president@subaru4wdclubwa.asn.au
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	Travis Maskey	0422 815 737
	Stephan Millett	0405 221 845
	Alex Tayler	0439 929 373
	Jim Wilcox	0419 040 969
MERCHANDISE:	Tony Richards	9386 7705
WEB MASTER:	Rob Griffiths/ Jim Wilcox	0411 249 933 0419 040 969 webmaster@subaru4wdclubwa.asn.au
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M'SHIP CO-ORDINATOR:	Alex Tayler	0439 929 373 membership@subaru4wdclubwa.asn.au
PROPERTY OFFICER:	Keith Wilcox/Jim Wilcox	

Club Member of the Year 2015 - 2016: David Peck

LIFE MEMBERS

Fred Offer, Keith Anderson, Jonel Householder, Ray Stewart,
Ian Johnson, Peter Andruszkiw and Ron Counce.

PRESIDENT'S REPORT

Fellow members,

The Porongurups trip on the March LWE was good, with a number of walks undertaken; all good exercise! Thanks Dave for leading the trip. And thanks also to Jo for leading the Easter trip to Bremer Bay, staying at Tozer's Bush Camp, which was excellent.

At the April Meeting, we will have Emma Tan, Community Organiser for Partnership for the Outback. She works with an alliance of four leading not-for-profit conservation organisations called 'Partnership for the Outback'. They are working together to support people and nature in WA's Outback, and to secure historic reforms to WA's unfair pastoral lease laws to allow and incentivise people living on Outback stations to move into more sustainable land uses such as tourism, conservation and carbon sequestration. Thank you Alex for organising.

At the May meeting, for all those interested, I will play a slideshow from the cruise to the Falklands, South Georgia and Antarctica that Jeanette and I went on in December.

As we approach the mid-point in the Club year, all seems to be going well, although our membership numbers are down from where they were at this time last year. At March 15 2015, we had 68 memberships (including life memberships) and at March 16 2016, we only had 57 memberships (including life memberships), which is a 15% drop. We did follow up non-renewals and most were for valid reasons, like moving interstate etc. Still, the member number is healthy and we continue to receive new membership applications through the Subaru (Aust) offer.

Nothing else to report, so I'll leave it there and hope to see you soon at a meeting, social event or out in the bush on a trip.

Tony Richards

TRIP CO-ORDINATOR'S REPORT

We have continued with a number of long weekend camps with the trip to the Porongurup's in early March and then the Easter trip to Bremer Bay at the end of March. Then on the ANZAC day long weekend we have another out to the Wheatbelt to explore some of the granite out-crops out that way.

These long weekend trips seem to be more popular than the overnight trips as we are normally getting 8 to 12 cars along which is a comfortable number.

The extended trips also seem to fill up quickly which can be discouraging for new members who would like to join them. There are a few reasons why we limit the number of cars on a trip with the main one being because these trips are usually on the move nearly every day it can be difficult to find suitable campsites for a large number of people. Usually 6 to 8 cars is about all that is manageable and another reason is if the convoy gets too big it takes a lot longer to do things like refuel.

If there is a lot of interest we may try running a couple of longer trips each year to give more members the chance to join in. Please let one of the committee know if you would like to do a one or two week trip as we have some great destinations in WA but they do take time to get there.

Cheers David

General Meeting Tuesday 12th April

Emma Tan will be guest speaking on 'Partnership for the Outback' who believe it's all our responsibilities to look after WA's unique Outback so it's there for future generations.

They are on a mission to stand up for our Outback, and when it comes to convincing the government to act, numbers count.

TRIP PROMOTIONS/ INFORMATION

BREKKY WITH A VIEW
Sunday 10 April 2016

Join fellow club members for a lazy Sunday morning brekky at The Left Bank in Fremantle.



Maybe have a morning stroll along the river bank to build up your appetite beforehand.

Check out the menu at: <http://leftbank.com.au/breakfast-menu>

Location: The Left Bank
15 Riverside Road
East Fremantle

Time: 8.00am

Contact: Jo Norton 0411 151 024

Get your name down on the website as places will be limited.

TRIP PROMOTIONS/ INFORMATION

The Wheatbelt Way - April 23 to 25

We will be heading out through Dowerin, Wyalkatchem, Trayning, Nungarin and Mukinbudin and stopping to take in the local attractions along the way to our campsite at Berinbooding Rock. This has the largest rock water catchment tank in Australia, a 'balancing boulder' a gnamma hole and

some of the Kalamaia tribes painting of hands in a cave at the rear of the rock. There are long drops at the campsite along with picnic tables and BBQ, I'm not sure if campfires will be permitted so come prepared to cook on gas.



We will do a day trip out to Elachbutting Rock and return to Perth via, Bencubbin and Koorda.

A trail guide, map and audio stories for the attractions along the trip can be ordered on line or downloaded from wheatbeltway.com.au.

Distance: Approx 450km to camp, 6 to 7 hour drive with stops on the way.

Rating: Easy - mostly bitumen.

Toilets available? . There are long drops at the campsite.

Equipment needed: Full bush camping gear for long weekend, food, water, and camera.

Cost: Free but priceless.

Sorry No Dogs as some areas are national park.

Trip Leader: David on 0402 177 886 or email tripcoordinator@subaru4wdclubwa.asn.au

TRIP PROMOTIONS/ INFORMATION

More More Moore - Sunday 8 May 2016

Join us for an explorative quest through the Gngangara-Moore River State Forest as we wander through an assortment of tracks and sandy areas, coming alongside the river in patches.

The plan is to explore the State Forest and surrounding tracks amongst the Gngangara-Moore River State Forest.

The day should be a pleasant drive with challenging patches where tire pressures will be lowered.

We will be out for morning tea and lunch time, wrapping up in the early afternoon.

Experience handy but not necessary. Basic offroad and recovery gear should be taken such as tire deflator, compressor, gauge etc., recovery gear such as recovery tracks and snatch equipment is worth bringing if you have it, but would be enough amongst the group already.



Appropriate clothing and footwear should be taken for whatever weather is predicted for the day. Closed in shoes are suggested.

UHF radio will be needed but can be hired if you don't own one.

Trip leader: Adrian Longwood 0424 723 558

TRIP PROMOTIONS/ INFORMATION

Mundaring Forest Twilight Edition - Sat 14th May

Following the enjoyment of last year's Mundaring forest night run, we will embark on a similar journey once the sun drops.

Taking a similar path to my last Mundaring Forest trip I will lead the group through parts of the Mundaring State forest and the Powerline track, but we won't start 'til the sun has dropped to make it more interesting and really test your skills. Meeting around 6.30pm finishing late, tyre pressures will be dropped accordingly.

Compressor, Tyre deflator and Gauge are required but can be borrowed from other members if you don't have your own gear yet. UHF radio is essential but can be hired from the club.



Trip leader: Adrian Longwood 0424 723 558

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TRIP PROMOTIONS/ INFORMATION

FIDDLES AND NIBBLES Sunday 22 May 2016

A day to check out your car and see what others have done to theirs. Do additions-mods with the help of others.

I have a hoist and a fairly well equipped workshop to do odd jobs on your vehicle. please give a brief idea of requirements when you register.

Dave is bringing a plastic welding kit and is willing to have a go at any plastic repairs that you may have.

Due to the quantity of vehicles there will not be any large jobs tackled. There will be members on hand to help and advise.



Ring if you want clarification on a particular job that you would like to do.

If you are staying over lunch I have a BBQ. BYO everything.

Time: 9am - 3pm

Contact: Jim Wilcox 0419 040 969

TRIP PROMOTIONS/ INFORMATION

Camp Oven Cookout/Overnighter - Sat 18 to Sun 19 June

The Annual Camp Oven Cookout is back! However you can choose not to participate in the cookout and just come for an overnight camp under the stars. Or you can participate in the cookout and go home after the meal. All very flexible!

We will be camping at our own group site in the Avon Valley National Park. The plan is to travel from Gingers to the northern side of the National Park, stopping to look at places connected with Western Australia's best known bush ranger, Joseph Bolitho Johns, alias "Moondyne Joe". It should be an easy, scratch free, scenic drive.



We will then continue on towards Toodyay via Julimar Road, turning south down River Road before reaching Toodyay and then from there on to the southern entrance into the National Park and our campsite. Toodyay township and Cobblers Pool are optional extras which we can visit, time permitting.

The intention is to get to our campsite by early afternoon, in plenty of time for camp oven meals to be prepared and cooked. We will be staying at the Cec Barrows Group campsite. We will have exclusive use of the group site. Camp fires are permitted only in the fire rings provided. However, I have spoken to the Ranger and he understands that to cook in camp ovens we will need to use hot coals outside the fire ring. Provided we dispose of the hot coals responsibly, this will not be an issue.

Firewood is not supplied and collecting firewood within the park is not allowed. **We will need to bring our own firewood. Can you please bring some firewood with you.**

Unless you have a Parks Pass, you will need to pay an entry fee of \$12.00 per vehicle (or \$6.00 per vehicle, concession). Camping fees are \$7.50 per adult (\$5.50 concession) and \$2.20 per child, per night. All fees are payable at the park registration station.

On Sunday, there are no planned activities. Participants can make their way home in their own time.

Trip Leader: Tony Richards **9386 7705**



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info@subaruosbornepark.com.au







www.subaruosbornepark.com.au








SUBARU 4WD CLUB NEWS

CLUB CALENDAR





April 2016

S	M	T	W	T	F	S	<p>Tue 5th: Committee Meeting</p> <p>Sun 10th: Brekky with a View Page 5</p> <p>Tue 12th: General Meeting - Guest Speaker from 'Partnership for the Outback'</p> <p>Sat 23rd - Mon 25th: The Wheatbelt Way Page 6</p>
					1	2	
3	4	 5	6	7	8	9	
 10	11	 12	13	14	15	16	
17	18	19	20	21	22	 23	
 24	 25	26	27	28	29	30	






May 2016

S	M	T	W	T	F	S	<p>Tue 3rd: Committee Meeting</p> <p>Sun 8th: More More Moore Page 7</p> <p>Tue 10th: General Meeting</p> <p>Sat 14th: Night Run Page 8</p> <p>Sun 22nd: Fiddles & Nibbles Page 9</p>
1	2	 3	4	5	6	7	
 8	9	 10	11	12	13	 14	
15	16	17	18	19	20	21	
 22	23	24	25	26	27	28	
29	30	31					

June 2016

S	M	T	W	T	F	S	<p>Sat 4th - Mon 6th: LWE - 4WD Association Gathering in Albany</p> <p>Tue 7th: Committee Meeting</p> <p>Tue 14th: General Meeting</p> <p>Sat 18th: Camp Oven Cookout Avon Valley Page 10</p>
			1	2	3	 4	
 5	 6	 7	8	9	10	11	
12	13	 14	15	16	17	 18	
19	20	21	22	23	24	25	
26	27	28	29	30			

SUBARU 4WD CLUB of W.A. INC

July 2016						
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31					1	2
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17	18	19	20	21	22	
24	25	26	27	28	29	30







Sun 3rd: Start of Lorna Glen Getaway - Through to 12th

Tue 5th: Committee Meeting

Mon 10th: Start of Red Centre Ramble - Through to 3rd Aug

Tue 12th: General Meeting

Sat 23rd: Restaurant meal

August 2016						
S	M	T	W	T	F	S
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	15	16	17	18	19	20
21		23	24	25	26	27
	29	30	31			

Tue 2nd: Committee Meeting

Tue 9th: General Meeting

Sun 14th: Day trip

Sun 28th: Picnic lunch at Whiteman Park

Upcoming trip: CAMP OVEN COOKING LEARN HOW September LWE

SCHOOL AND PUBLIC HOLIDAYS

School Holidays: Apr 9-25, Jul 2-17, Sep 24-Oct 9

Public holidays: Mar 7, Mar 25-28, Apr 25, Jun 6, Sep 26

Potential members are most welcome to come along on any Club activities before joining. Please phone the Trip Leader for further information.

Register with the trip leader if you are wanting to join a trip or social. Also contact the trip leader if you have to cancel, as we don't want to wait for someone who does not turn up!

Some trips are ideas only and may be subject to change. Some of the later trips need trip leaders – volunteers please.

TRIP & SOCIAL REPORTS

Porongurups – Day 1 – 5 March 2016

We all arrived at the meeting point in time for an 08.00 departure. There were 8 cars in all on the trip, including trip guests Michael & Tess Rea, who had actually left a day early (on Friday) to make the trip into an extended weekend.



It was smooth sailing all the way to Williams where we stopped at the Williams Woolshed for morning tea, arriving at about 10.00. The Woolshed is a great place to stop with a good cafe and other shops to spend your money at! Travis and Katie however went on to Kojonup to drop off Trav's mum, who was travelling with them. They would meet us at Mt. Barker.

From the Woolshed we went on to the Mt. Barker Bakery for lunch, arriving not long after 12.00. The bakery sells award winning pies and I had one of them for lunch. Very tasty! Other members of the group also tucked into good food.



After lunch, we went on to the Porongurup Tourist Park, where we were staying, some 18kms east of Mt. Barker, and set up camp in the unpowered section of the park, which was nicely grassed. It was early afternoon and unfortunately the weather was not great, with a fair bit of low cloud hanging over the Porongurup

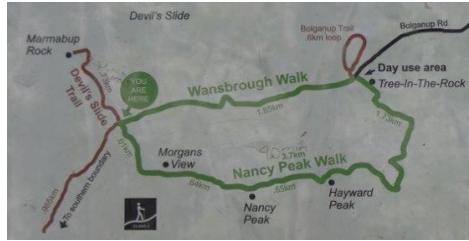
Range. So, rather than go straight on to the Granite Skywalk and risk missing the views, we decided to go for a walk.



We headed to the Tree-In-The-Rock picnic area, a short distance up the road directly opposite the park. From here you can undertake a number of separate walks. We chose the

TRIP & SOCIAL REPORTS

Nancy Peak Walk, which happened to be the hardest and longest walk of them all!. It is described as *“Steep 5.5 km, 2-3 hour Class 4 circuit walk heads up the northern side of the range and then along its very spine, up and over Hayward Peak, Nancy Peak and Morgan's View then back along the Wansbrough Walk”*. Most of us completed the walk, enjoying some great views along the way. It certainly gave our bodies a decent workout!



We were back at camp in time to enjoy a nice hot shower before dinner. The camp kitchen at the park is very good, with all modern conveniences, making the task of cooking dinner relatively easy. After dinner, some of us stayed on to watch a bit of television before heading off for some well earned sleep.

My thanks to Dave for leading the trip.

Tony Richards



TRIP & SOCIAL REPORTS

Sizzling Summer Beach Run – Seabird & Moore River

The beach run for 2016 had a last minute change of location because of the tragic fires around our usual route. Instead the plan was to enter the beach at Moore River and travel north to Seabird. 13 cars met at Drovers in Wanneroo for a 9.30 start. After the official signing of forms and an explanation from Adrian on how the convoy will progress, we set off to Guilderton. When we arrived we passed through the town and headed to a carpark at the entrance to the beach on the north side of the river mouth. Tyres were let down, further instructions were given and we moved onto the sand around 10:30. There was an expectation that we would have an enjoyable day on the sand, especially as we there were a number of drivers fairly new to the beach experience who



were looking forward to the challenge.

When we set out the tide was fairly low and we travelled on 'deepish' soft sand, which proved challenging for the less experienced. The first cars started having some difficulties by 10.45. Whilst the rescue was mounted some took up their recreational pursuits. Not surprisingly Daniel and Ray quickly had their fishing rods in the water, supported by Andy. Wayne and Julie bought out their toy, which was a TBS Discovery drone, that they sent out on a mission to see how the excavating of Subaru's was progressing.

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We were finally able to set off again after half an hour but by this time the sand in front of us was starting to look a bit scarce. After going ahead and investigating Adrian decided that we would need to back track and find a path through the sandhills so we could bypass the narrow stretch of beach and continue our journey north.

It took a bit of time to find a suitable track with the first couple proving difficult to access from the beach. However, during this time a message came over the radio from a fire control officer, who must have been monitoring radio conversations, advising that a total fire ban was in place. This meant that driving through the bush was illegal on this day, with a very hefty fine possible if caught doing this. As a result the convoy had no choice but to return along the beach to the townsite.

To do this we needed to reduce tyre pressures further to try to prevent some of the problems we had with cars getting bogged on the outward journey. Unfortunately, the return trip was also proved eventful with more bogged vehicles and general concern being expressed about the incoming tide which was eating further into the narrow beachfront. We weren't far from getting back to the carpark when Dave hit a sharp rock in the sand that damaged the sidewall, requiring replacement.

Finally back at the carpark we slowly left the beach and after some difficulty found a grassed area in the busy town site to park the cars and pump up the tyres. This was nearly completed when the local ranger

arrived and moved us along because we were parked above the towns sewage system.

A very attractive, grassed and shady park was over the road so we moved there to have lunch at about 12.30. From here the convoy disbanded with everyone choosing how they wanted to spend their afternoon. Some driving back early, some heading to the beach.



Although the beach run turned out to be much shorter than planned the participants were still able to have a full on beach driving experience and everyone seemed to enjoy themselves.

Joanne Richards

Dirty windscreen?

I was having trouble getting the windscreen clean on my 2010 Forster. I tried changing the windscreen wipers and all sorts of windscreen washer additives but I always had a haze/smear across the windscreen after using the windscreen washer. It ended up that there was a build up of algae/muck in the windscreen washer reservoir which I found by putting the hose in there and letting it run till overflowing. This must have stirred it up the sediment in the reservoir and eventually the water ran clear and the problem was fixed. **David Peck**

Australian 'ant man' survived outback ordeal by copying Bear Grylls

I'm sure you will all remember this story last year plastered throughout the media all over the world. It happened in an area familiar with a few of us. It is what can happen if you are not suitably prepared.



By the time police teams reached him, Reg Foggerdy's organs had begun shutting down. Photograph: Glen Roberts/AP

A 62-year-old man has revealed how he survived in the Australian outback by eating ants after picking up the tip from TV survival expert Bear Grylls.

Reg Foggerdy, a diabetic with heart problems, went missing in October 2015 in the Western Australian desert while hunting camel. He was found after six days under a bush.

After this report in the Guardian newspaper many comments were posted including the following by 'rasongvd' akka Ian Johnson.

I object to this man being called a 'bushman'. The facts from all the reports are that he is not, and nor is his brother. He is indeed

very lucky that he survived. Many people risked their life finding him and at tax payers expense. Thankfully they are always there for all of us.

I add that the first-in search teams were ludicrously equipped with soft road tyres which were staked (destroyed) immediately in typically rough scrub. They should be granted enough funds to be equipped with adequate bush tyres with a minimum of 3-ply side-walls or better – e.g. BFG.

Here are some primary suggestions the two should have considered before leaving civilisation:

Avoid the deserts with serious medical conditions – in Reg's case please stay away especially when in one vehicle. Attend a basic outdoor awareness course such as with Bob Cooper. Travel with competent people in at least 3 vehicles. Don't get out of bed without a cigarette lighter or two (not matched that fail) which Reg could have used to fire scrub to pinpoint his location. A small track-back GPS would have returned him to camp quickly no matter how lost. Water is the basis of life – take some. An EPIRB would have triggered prompt action instead of the brother risking a rough 170k drive. Have some idea of where you are – in this case a major track runs east-west, a huge dry salt lake to the north and east and the sun above to easily find direction. Take a hand-held CB radio tuned to base camp or vehicle CB. Have communications such as satellite phone, and HF radio with frequencies for VKS-737 or RFDS networks. Use a mapping program such as OziExplorer for laptop or smartphone to track where you have been and are going. Phone or wireless networks are NOT needed for this. Join a 4WD club and learn all of the above.

I have made many trips over many years to many parts of the Western Deserts (3 times in the last three years to this Lake Rason area) equipped in the manner suggested above.

The Foggerdy brothers indeed have a new life to consider. Hopefully a few people have learnt something, though this episode has been too often repeated throughout Australia.

rasongvd

Subaru Diesel Fault

Subaru Outback & Forester DPF Light Common Fault

Subaru Outback 2.0L Diesel 2009 - 2016

This common fault is easily overlooked and causes the DPF to clog up very quickly.

The Subaru EE20 turbo diesel includes a Diesel Particulate Filter (DPF) that operates similarly to other comparable vehicles. It requires regular longer drives for the DPF to regenerate and needs to have the oil dilution ratio reset whenever the oil is changed.



The intake hose is prone to splitting underneath where it is hard to see, and is therefore easily overlooked. The hose is between the intercooler and the throttle body.

When the hose splits, it allows intake air to escape, especially when under boost. This results in excess fuel entering the engine. In turn the excess fuel clogs the DPF and dilutes the engine oil.

The DPF can clog up very quickly even after carrying out a forced

regeneration because of the excess fuel.

While it is easy enough to check, the split is not readily seen unless you are looking for it. The first obvious sign is an oily stain around the hose.



After the hose is replaced (Subaru part number 21869AA130) it is essential the following occurs:

- Carry out a forced DPF regeneration
- Change the engine oil
- Reset the oil dilution ratio, preferably with a suitable can tool.

DPF Light Strategy

- **On** - Drive vehicle above 60kmh and between 1800 & 2500rpm for at least 15 minutes.
- **Flashing** - Requires forced regeneration, which is best initiated with a suitable scan tool.

Credits go to: VACC Tech Talk Magazine and Michael Schifferle from Schifferle Motors, Invergordon via the Subaru 4WD Club of Victoria.

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